



## Case Study #1 "Curiosity" Finds Glandular Polyp

### **Background:**

In 2012, "Joe", an officer of the company (AnX) volunteered to swallow the NaviCam™ Stomach Capsule. As a founder of the company, Joe said he wanted to volunteer for two reasons:

1. Curiosity – how the stomach capsule would work with the human body
2. He wanted to be the first person to try it

Prior to this, Joe had never had any capsule procedures; no EGD or ERCP procedures. He had never needed or thought about having an EGD (upper scope procedure).

### **The Prep:**

For the NaviCam™ procedure, the prep consisted of Joe having to stop eating at 8 PM the previous night – a fast. He had nothing to eat until 10 AM. He had to drink about 1-1.5 liters of water prior to the procedure. Joe commented that, "It was nice that I didn't have to disrobe or get into a hospital gown or anything."

### **The Procedure:**

The procedure took about 30-40 minutes and was performed by one of the company medical advisors. It was the doctors first procedure – he had never performed the procedure before.

### **The Experience:**

Joe described the capsule as "about the size of a large vitamin." He said he had no problem swallowing the capsule.

Joe also said that he was happy to not have to have sedation/anesthesia. It was completely, "non-painful".

He said that he did feel the capsule as he swallowed it but, "it passed quickly into my stomach and then I did not feel anything."

### **Results:**

After the exam, Joe's doctor told him that he had found a small polyp.

### **Patient Comments:**

Joe recommends this procedure to other patients who might have symptoms that would possibly necessitate an upper endoscopy procedure. He describes it as a good way to get an assessment or to visualize your stomach without the invasive procedure of a scope and anesthesia.

### **Conclusion:**

Since the doctor found the small polyp, he recommended that Joe come back in for an EGD – within a week – where the polyp was removed, and the biopsy results showed a "glandular" polyp.

Joe's doctor recommended that he come back in a year to check up on it. That was it! So far, all is good!

Joe X.  
Plano, TX